MEDA FOOD SUPPLEMENTS
Product List

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Food Supplements:

Nutrition is processes by which all living things, including human beings, animals, plants and microorganisms, obtain and use substances in their sources of food that are valuable and essential to their health.

Nutrition is the end result of ingestion, absorption and metabolism, the utilization of nutrients.

Scientists and researchers through the ages have isolated the vitamins, minerals and other substances necessary to human life and have approximated the quantities required for well-being, that is, growth, tissue repair and normal functioning, as well as therapy in the event that toxicity or deficiency of a nutrient exists.

Essential inorganic elements that promote the growth and maintenance of living organisms such as Boron, Calcium, Chlorine, Chromium, Cobalt, Copper, Fluorine, Iodine, Iron, Magnesium, Manganese, Molybdenum, Nitrogen, Phosphorus, Potassium, Selenium, Silicon, Sodium, Sulfur, Vanadium and Zinc.

Essential organic nutrients, the main sources of carbohydrates, proteins and fats that promote energy for living organisms requiring them are amino acids (the precursors of protein), fatty acids, glucose and other simple sugars, purine and pyrimidine and their derivatives (precursors of nucleic acids) and vitamins.

Advantages of taking Food Supplements:

Food supplements in addition to consuming food enable us derive our daily dose of vitamin and minerals. Vitamins and minerals help protect the body from diseases; hence supplements can offer added “insurance” to balance daily recommendations of vitamins and minerals needed by the body, especially in those who do not eat a healthy, balanced diet. Supplements can contribute to improved muscular strength, endurance and overall physical performance, they are therefore commonly taken by athletes to improve their performance. Some supplements are used in combination with drugs as a method of complementary or alternative treatment for health conditions.

MEDALVIT Product Range:

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<td>6492</td>
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</tbody>
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**MEDALVit-Beta**

**Vit A as Beta-Carotene.**

Beta-carotene is a carotenoid, one of a group of plant pigments known to have antioxidant and other effects. This is a substance in plants that’s quickly converted into vitamin A inside the body. Beta-carotene is often thought of as a form of vitamin A itself. Having normal levels of vitamin A is key for good vision, strong immunity, and general health.

- Helps maintain the health of eyes.
- Supports the immune system.
- Helps maintain the skin and health of hair.

**MEDALVit-C Plus**

**Vit C with Rose Hips.**

Vitamin C (ascorbic acid) helps tissue and bones grow and repair themselves. Our product also includes Rose Hips Extract, which helps a body to absorb and utilize Vitamin C.

- Supports healthy immune function and promotes Cold Flu well-being.
- Offers superior antioxidant support.
- Good oral health is linked to cardiovascular and circulatory health.

**MEDALVit-D Plus**

**Calcium and Vit D.**

Calcium plays a role in muscle contractions and nerve impulses, while Vitamin D assists in maintaining a healthy immune system. MEDALVIT D PLUS contributes to bone strength and well-being in addition to being considered as a high-potency source of Calcium and Vitamin D. Since a body can’t produce Calcium on its own, a balanced diet, regular exercise, healthy lifestyle choices and adequate intake of Calcium and Vitamin D can play a role in maintaining strong and healthy bones.

- Strengthens and supports the skeletal system.
- Efficient in nerve and muscle function.
- Helps bring calcium and phosphorus to strengthen bones and teeth.

**MEDALVit-Millenium**

**MultiVits & Minerals.**

With accurately selected range of active ingredients included in MEDALVIT MILLENIUM, such as B Vitamins for energy metabolism, and a comprehensive array of immune and antioxidant support vitamins such as C and E, in addition to other important vitamins and minerals. MEDALVIT MILLENIUM provides the best nutritional elements needed to balance out a work day.

- Takes the homework out of essential vitamin and mineral nutrition.
- Helps regulate cell regeneration process.
- Anti-Oxidant.
- Strengthens cardiovascular, skeletal, nervous and immune systems.
- Maintains metabolism and provides energy for many biochemical reactions in the body.

**MEDALVit-Premium**

**MultiVits, Minerals, Lutein and Lycopene.**

The best way to get the vitamins and minerals is by eating a wide variety of healthy foods and Lutein. Sometimes even people who have healthy eating habits find it hard to get all the fruits, vegetables, and other healthy foods they need. MEDALVIT PREMIUM is a unique solution that helps fill in the those gaps.

- Important for a healthy prostate.
- Promotes colon and pancreas health.
- Supports nervous, cardiovascular, immune and digestive systems.
- Adds in many biological processes including metabolizers of fatty acids, proteins, carbohydrates, mood hormones, nucleic acids, blood sugar regulation.
- Helps to maintain cholesterol levels.
- Provides strength & stability for bones and joints.

**MEDALVit-Junior**

**Kids Multi-Vits.**

This delicious fruit-flavoured chewable tablet is the greatest tasting children’s multivitamin made with natural flavours.

- Improves regeneration of healthy cells.
- Support skeletal, muscular and immune systems.
- Provides essential vitamins for proper growth and development.
- Increases overall energy.

**MEDALVit with MultiVits, Minerals, Lutein and Lycopene.**

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**MEDA Flex Plus**
*Glucosamine and Chondroitin + MSM*

Contains Glucosamine, Chondroitin, and MSM, which work synergistically to enhance each other's benefits in the body. MEDA FLEX PLUS - tablets are formulated to revitalize and lubricate joints and cartilage. They also help to ease occasional joint stress and due to exercise or physical activity.*

- Lubricates joints to improve a powerful joint soother and flexibility.
- Helps in Symptoms of osteoarthritis and arthritis.
- Strengthens connective tissue in and around the joints.
- Rejuvenates cartilage to encourage joint comfort.
- Anti-inflammatory.

**MEDA Vit-Joint Plus**
*Glucosamine + Chondroitin with Vits.*

MEDAVIT JOINT PLUS is an all in one natural formula providing all the ingredients joints need to build strong and healthy cartilages. An efficient agent for osteoarthritis symptoms. This product delivers Glucosamine HCL to help building and support cartilage, Chondroitin Sulfate brings fluid into the joints and help promoting healthy cartilage formation.*

- All in one formula for joint issues.
- This high-quality formula helps to build and support cartilage.
- Lubricate the joints.
- Helps with occasional joint pain and stress due to exercise or physical activity.

**MEDA Bone**
*Calcium, Magnesium, Zinc.*

Bone health is important for adults of all ages and activity levels, it depend on many factors including heredity, diet, exercise and lifestyle. That’s why our high quality MEDA BONE formula contains several ingredients that are important to bone health, including Calcium and Vitamin D which has been considered an important for the maintenance of Calcium levels. Enriched with Magnesium, which plays an essential role in maintaining proper bone mineralization.*

- Provides strength &stability for the skeletal and immune systems.
- Support bone fracture regeneration.
- Helps muscle and nerve tissue develop.
- Provides the foundation for healthy teeth and bones.
- Supplies energy needed for many biochemical reactions.
- Anti-inflammatory.

**MEDA Fat Binder Plus**
*Chitosan + Psyllium.*

Obesity has been shown to increase the risk of developing high blood pressure, adult diabetes, and heart attack, degenerative joint disease of the back and knees, gallstones, and certain forms of cancer. MEDA FAT BINDER PLUS will endeavour to decrease an overall body weight, by which will help to lower risk of developing obesity-related diseases.*

- Decrease of an overall body weight.
- Regulates the uptake of fat molecules into the system.
- Helps to regulate blood sugar level swings.

**MEDA Fat Burner**
*With Choline Bitartrate + Inositol + Betaine HCL.*

Energizing a body by the increase in the metabolic mechanism. A unique formula to get slim and sleek fat free body. Support losing the fat and adding lean muscle. MEDA FAT BURNER is formulated to reduce cholesterol levels.*

- Helps control and reduce cholesterol levels.
- Promotes the breakdown of fatty acids to be used as energy.
- Incinerates fat.
- Increases lean muscle.

**MEDA Slim Anti-Cellulite**
*Green Coffee (bean) Extract and Gotu Kola (leaf) Extract.*

Cellulite affects nearly every woman as she gets older. The skin dimpling and bumps typically seen on the thighs, hips, and buttocks is a condition that women have endured for centuries. It plays a role in action against cellulite: fat-burning, activates microcirculation and reconstructs the tissue. The capsules act at brain level, inhibiting appetite, thus producing a satiety effect.*

- Triple action against cellulite.
**MEDA Green Coffee Fat Burner**

*Coffee Seed Extract.*

Chlorogenic acid in green coffee has health benefits for heart disease, diabetes, weight loss, and others. Green coffee beans are coffee beans that have not yet been roasted. These coffee beans contain a higher amount of the chemical chlorogenic acid. In cases of high blood pressure it affects blood vessels so that blood pressure is reduced. In fat burning and weight loss roll, chlorogenic acid is affecting how the body handles blood sugar and metabolism.*

- Green coffee became popular for weight loss & fat burner.
- Green Coffee Bean contains antioxidant properties.
- Help lower risk of having a stroke.
- Used as an antioxidant and anti-inflammatory effect.

**MEDA Amino Acid**

*Amino Acid Complex.*

Amino acids are used to treat amyotrophic lateral sclerosis, brain conditions due to liver disease, a movement disorder and poor appetite in elderly kidney failure patients and cancer patients. Some people use amino acids to prevent fatigue and improve concentration. Athletes use amino acids to improve exercise performance and reduce protein and muscle breakdown during intense exercise. Amino acids stimulate the building of protein in muscle and possibly reduce muscle breakdown.*

- Restore Strength and Flexibility.
- This 100% pure collagen protein supplement provides the major building materials for growth and maintenance of nails, hair and skin.
- Collagen is also an essential component of muscles, tendons, cartilage and teeth.
- Provides support both during and after exercise.
- Helps build protein and fuel your muscles.

**MEDA Collagen**

*Hydrolyzed Collagen.*

This 100% pure collagen protein supplement provides the major building materials for growth and maintenance of nails, hair and skin. Collagen is also an essential component of muscles, tendons, cartilage and teeth.*

- Improving skin softness & hydration (decrease wrinkles) as Anti-aging.
- Nourishes the immune system.
- Antioxidant.
- Provides strength and stability for skin, skeletal system and joints.
- Helps in the regeneration of cells.

**MEDA Hair, Skin & Nails**

*Phosphorus + Zinc + Fo-Ti.*

Diet, lifestyle and other external factors can all affect the appearance of hair, skin and nails. Especially developed formula with nutrients needed to maintain shiny hair, healthy skin and beautiful nails are delivered by MEDA HAIR, SKIN & NAILS.*

- Secret of beautiful hair, skin and nails.
- Supports skeletal development and maintenance.
- Complete support to all Hair, Skin and Nails.
- Antioxidant.
- Stimulates collagen production.
- Boosts the immune System.

**Phosphorus + Iodine + Zinc + Fo-Ti.*

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**MEDA ENERGY**

*Guarana Seed + Bee Pollen.*

MEDA ENERGY is a unique natural formula acting as an energy booster. A complete nutritional supplement that supportsport activities, healthy life, and high effort-required tasks.*

- Improves physical and intellectual performance.
- Natural source of energy.
- Provides a burst of Energy.
- Supports Healthy Metabolism.
- Enhances Athletic performance, mood and cognitive enhancement.

**MEDA Men Power Enhancer**

*With Ginkgo Biloba (leaf), Tribulus Terrestris Extract (herb) and Ginseng.*

MEDA MEN POWER ENHANCER is special formula for enhancing and stimulating men’s sexual arousal. Smart choice that provides superior sexual performance.*

- Aphrodisiac.
- May treat sexual impotence.
- Stimulates Libido.
- Increases self-confidence.

**Coffee Seed Extract.**

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**MEDA Cardio**

**With Selenium + Fish Oil.**

Combination of well-known ingredients for cardiovascular health in one advanced formula.

MEDA CARDIO is carefully developed to reduce a risk of cardiovascular (heart and blood vessels) disease.*

- Assists with cardiovascular health.
- Contributes to a healthy nervous system.
- Supports healthy cholesterol levels.
- Provides antioxidant support for the heart.
- Helps maintain healthy circulation.
- Promotes healthy brain function.

**MEDA Chromium Diabetes**

As chromium picolinate.

A dietary supplement containing chromium picolinate may help people with type 2 diabetes lower their cholesterol and other heart disease risk factors.

As a trace mineral, Chromium is an essential nutrient that a body needs every day. The term "trace" means that Chromium is a mineral that’s found in a body in very small amounts (less than 5 grams), which may make taking a Chromium supplement especially important.*

- Plays a role in the release of energy from cells.
- Supports carbohydrate, fat and protein metabolism.
- Helps maintain healthy blood sugar levels already within a normal range.

**MEDA Garlc Oil**

Garlic, *Allium sativum*.

Garlic promotes cardiovascular health and helps to maintain cholesterol levels that are already within the normal range in addition to many conditions related to the heart and blood system. These conditions include high blood pressure, high cholesterol, coronary heart disease, heart attack, and "hardening of the arteries" (atherosclerosis). Garlic is actually effective in slowing the development of atherosclerosis as it is able to modestly lower blood pressure. MEDA GARLIC OIL contains all the basic components that are found in fresh garlic, but does not cause bad breath, because it is assimilated at the intestinal level.*

- Reducing Cholesterol levels.
- Normalizes blood pressure.
- Enhance immune defense.
- Combat intestinal parasites.

**MEDA Vision**

**With Beta-Carotene + Vit A + Selenium + Chromium.**

Antioxidants are natural substances that exist as vitamins, minerals, and other compounds in foods. They help to prevent disease by fighting substances called "free radicals" that are produced when our body uses oxygen, as when breathing. Without adequate amounts of antioxidants, free radicals travel throughout the body, damaging cells. This cellular damage leads to the development of cardiovascular disease.*

- The combination of ingredients found in this dietary supplement supports eye health and clear vision.
- This specialized formula helps support eye function by promoting healthy circulation.
- Supports eye health for adults.
- It helps maintain eye health and is essential for good vision.

**MEDA Omega 3**

**DHA + EPA.**

Supportive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. The World Heart Association recommends at least two servings of oily fish per week to get the important Omega-3 fatty acids found in fish oil that help support several areas of your health. Fatty Acids provide an energy source for a body.

- Supports the immune system.
- Supports bone and joint health.
- Helps control levels of mood hormones.
- Stimulates blood circulation.
- Helps in inflammatory response.
- Supports cognitive strength.

**MEDA Digestive Enzymes**

**Pancreatin, Ox-Bile Extract.**

A healthy balance of Enzymes within a body supports healthy digestion. Digestive Enzymes break down carbohydrates, fats and proteins to make these nutrients available for the body’s energy needs, cell growth and other vital functions.*

- Provides optimal digestive support.
- Breaking down most of carbohydrates, fats, and proteins.
- Supports healthy digestion.